



Preferred Participation Consent for Puberty Education in Grades 4-5

In order to be proactive in our delivery of education concerning human sexuality, our district implements the elementary school health curriculum using several excellent resources. These resources will be presented throughout the school year and are available through parent meetings for your inspection. These resources were selected and recommended by the School Health Advisory Council (SHAC) for implementation in all GCISD elementary schools.

- ***Growing Up Girls / Growing up Boys*** – This video describes and informs students about the physical changes that occur during puberty. 5th grade boys and girls view this video separately to discuss the changes in secondary sexual characteristics and the need for personal hygiene.
- ***Just around the Corner*** - This upbeat and catchy video is shown to 4th grade girls to introduce them to the changes the body will experience during preadolescence. It will be shown to 4th grade girls only.

Please complete the section below to indicate your preference for your child's **participation** in any of the above programs. If you choose for your child not to participate, your child will be provided an alternate location while this program is being presented. If the form is **not** completed, and turned into the campus nurse a week prior to the date on your campus notification letter, your child **will not participate** in the program.

Complete and send back to the Campus Nurse

Student's name printed _____ Grade _____

I am requesting my child **DOES participate** in the following Health Education programs-Check all that apply

- Growing Up Girls / Growing Up Boys* – Puberty Video (5th grade girls and boys)
- Just around the Corner* (4th Grade girls)

I am requesting my child **DOES NOT participate** in the following Health Education programs-Check all that apply

- Growing Up Girls / Growing Up Boys* – Puberty Video (5th grade girls and boys)
- Just around the Corner* (4th Grade girls)

Parent previewed videos:

- Yes
- No

Parent name printed: _____

Parent Signature: _____

Date: _____